OUTDOOR SAFETY CHECKLIST

- Sunscreen
- Insect repellent
- First aid kit*
- Body fluids barrier kit*
- Fire extinguisher*
- *Located in vehicle
- Appropriate clothes for the field:
  - Long pants
  - Hat with visor for shading out sunlight
  - Comfortable shoes with good gripping soles
  - Water
  - Field equipment that is not damaged and in good working order
  - Bee sting medicine (especially if you are allergic to bee stings)
  - Hard hat for overhead construction situations

SITUATIONS TO WATCH OUT FOR

- Walk carefully and watch your footing.
- Observe logs, rock piles, and woodpiles for snakes.
- Avoid pastures with bulls or cows with calves in them.
- Dogs
- Bee nests
- Keep updated on current weather conditions, and dress appropriately; especially in cold weather.
- Avoid walking through streams with very swift currents; especially after a heavy rain storm.
- Be aware of overhead powerlines and practice avoidance measures; especially when working around cranes, concrete booms, etc.
- Be careful when working around underground utilities.
- Exercise caution when working around manure pits; be aware of manure pit gases.
- Stay clear of moving construction equipment; don’t assume that the operator sees you.
- Do not enter trenches or test pits without proper protection.
- Do not wear loose clothing when working around moving machinery parts (i.e. sprockets, PTO shafts, etc.)
- Wear head protection when working around overhead construction.
- Use proper ear protection when working around engines, jackhammers, and other loud equipment.