FLUSHING MEDICINES HURTS PEOPLE AND WILDLIFE!

WHY?

Medicines are <u>really hard to filter</u> out of sewage in septic fields and sewage plants. Medicines get into ground water, wells, drinking water, lakes, rivers and streams! So...Water all over the US contains Antibiotics, Anti-Depressants, Sex Hormones, Anti-Seizure medicines, etc...

BAD FOR PEOPLE

especially children and pregnant women



BAD FOR AQUATIC WILDLIFE

Serious harm to fish populations! Example:

Estrogen-like chemicals in the water lead to male bass with female characteristics in Antietam Creek in Maryland
Potomac River
Susquehanna River



NO DRUGS DOWN THE DRAIN!

Presented by the

ANTIETAM WATERSHED ASSOCIATION

Preserving the Antietam Creek as a resource for the community

Protecting the regional water supply

Proceeding as a cooperative effort with community members and municipalities



Stream Restoration
Tree Planting
Roadside Clean-up
Storm Sewer Stenciling
Education

Join us!

www.antietamws.org
PO Box 331, Waynesboro, PA 17268
(717) 762-9417

February, 2017

HOW TO GET RID OF OLD AND UNWANTED MEDICINES



MAKE YOUR HOME A SAFETY ZONE

Take this home to keep for referral.

WHY GET RID OF YOUR OLD MEDICINES?

Prescription drug abuse:

now 4 times higher than 10 years ago.

More people die from misuse of
prescription medications
than illegal street drugs.

More die from overdoses than from car crashes.

More from prescribed than street drugs.

Pre-school children have died

after eating prescription drugs, often at their grandparent's homes. Nearly half can open "child-resistant" packaging.

Don't tempt your teens

to misuse family prescription
& over-the-counter drugs at home.

12% of teens have abused amphetamines
like Adderall or Ritalin

13% have taken addictive opioid pain
relievers

6% have taken tranquillizers



TO GET RID OF MEDICATIONS

Prescription, Over-the-Counter,
Inhalers, Nasal Sprays, Creams, Ointments,
Patches, Vitamins, Pet Medications

Remove or blot out personal information.

Put **PILLS** in original or different
containers, or zip-lock bags.

Seal **LIQUIDS** in original or different bottles.

TO GET RID OF SHARPS

Syringes, Needles & Connectors, Lancets
Insulin Injectors, Epi-Pens, Infusion Sets
Disposable or Auto Injectors

Put into <u>red</u> Sharps Boxes <u>blue</u> PA Med Return Collection Boxes at these Police Departments

Waynesboro Police Dept.

57 East Main St., 762-2132, Mon. - Fri., 8 am – 4:30 pm

Chambersburg Police Dept.

116 South Second St., 264-4131, Mon. - Fri., 8 am – 3 pm

Greencastle Police Dept.

60 N. Washington St., 597-9506 ext.202 Mon. - Fri., 7:30 am – 4 pm

Mercersburg Police Dept.

113 South Main St., 328-0150,328-3116 Mon. - Fri., 8 am – 4 pm

MOST DRUG STORES have MEDICINE MAIL-BACK

ASK YOUR PHARMACIST. (Small fees apply.)

FLUSH ONLY ONE KIND OF MEDICINE: Addictive PRESCRIPTION PAIN KILLERS

like Fentanyl and Oxycodone (liquid, patches, or pills) if you can't quickly get them

to take-back programs.

LAST RESORT for MEDICATIONS

Hide medicines in sealed container or zip lock bag filled with something disgusting like kitty litter or coffee grounds.

Put it in the trash.

Blot out personal information on empty medicine container & also put that in the trash.

LAST RESORT for SHARPS

Don't remove, bend, break, re-cap needles.

<u>Seal into strong, lidded, wide-mouth plastic</u>

<u>or metal container that doesn't tip over.</u>

<u>Put into trash—don't recycle.</u>

STILL CONFUSED?

Ask your PHYSICIAN or VISITING NURSE or HOSPITAL.