

Claremont Community Gardens Program

Program Stakeholders:

Capital RC&D Area Council, Inc.

Carlisle Lions Club

Claremont Auxiliary

Claremont Nursing & Rehabilitation
Center (CNRC)

Cumberland County

Cumberland County Learning Center

Cumberland County Lifetime Adult
Daycare Center

Penn State Cooperative Extension
Master Gardeners in Cumberland
County

Community at large



The bears are a well-known landmark in the Trial & Idea Garden maintained by Penn State Master Gardeners on the grounds of CNRC.

Questions?

If you have questions or would like more information regarding the Claremont Community Gardens Program, contact: Nancy Hahn, Activities Director (717)-240-1937 or e-mail: nhahn@ccpa.net

To donate to any of the gardens, please mail completed form and check, made payable to *Claremont Community Gardens Program*, to:

Claremont Community Gardens Program
Claremont Nursing & Rehab Center
1000 Claremont Road
Carlisle, PA 17013



This program is administered by The Capital Resource Conservation & Development (RC&D) Area Council, a registered 501(c)3 organization. The Capital RC&D is an equal opportunity employer and provider. Contributions are tax deductible as permitted under current tax laws and regulations.

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Claremont Community Gardens Program



Claremont Nursing &
Rehabilitation Center
1000 Claremont Road
Carlisle, PA 17013

Phone: 717-240-1903

Main: 717-243-2031

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Cooperative Partners:

Capital Resource
Conservation & Development
(RC&D) Area Council
capitalrcd.org

Penn State Cooperative
Extension

Master Gardeners in
Cumberland County
cumberland.extension.psu.edu



Claremont Community Gardens Program



Residents benefit from interaction with plants.

The goal of this program is to develop a multi-dimensional horticultural program through the installation of a series of therapeutic gardens at the Claremont Nursing & Rehabilitation Center (CNRC) in Cumberland County, Pennsylvania.

The Claremont Community Gardens Program will promote mental health and wellness for the residents, families, and community of the Center. Service providers at the facility will be trained to implement physical, emotional, psychological, behavioral and social rehabilitation using the specialized focus of each individual garden project.

CNRC is a 290-bed facility owned by Cumberland County, with additional services provided for 80 children and 25 special-needs adults. 375 CNRC employees, 1200 Cumberland County employees, as well as the families of residents, staff and the community at large will all benefit from the program and its activities. Penn State Master Gardeners and other volunteer organizations contribute time to ongoing programs and maintenance of the garden projects.

Robert J. Coleman Memorial Garden

This existing area provides a home-like gardening opportunity for Claremont residents to plan, plant, and manage a garden from spring through frost, growing vegetables, flowers, and herbs. The goal for this project is to upgrade the existing facilities to provide space for many instructional therapy programs.

Project budget: \$21,000

Birds & Butterflies Garden

This garden will involve residents and community groups in observation and monitoring of birds and butterflies. Residents will also participate in the care and feeding of the wildlife attracted to this garden located outside the main hallway.

Project budget: \$6,400

Trial & Idea Garden

This popular community-focused garden evaluates plants for their adaptability to this region. A proposed patio area and Memorial Brick program are designed to make this garden more accessible to residents for social gatherings and community interaction.

Project budget: \$14,500

Intergenerational Garden

This garden will be in an area enclosed on three sides by the building and fenced on the fourth side. It will be visible to some residents from their rooms and easily accessible to the children from the Learning Center. A central path and patio, raised beds for residents and children to plant flowers and vegetables, a gazebo surrounded by fragrant herbs, flowering trees and shrubs, sunflowers, a teepee, and a fairy garden will inspire imagination and learning for all ages.

Project budget: \$31,275

Sensory Garden

This secured garden area will be accessible to residents with a dementia diagnosis who live in a secured unit. It will provide them an opportunity to interact with the outdoors through sight, sound, and touch therapy.

Project budget: \$55,740



Claremont Community Gardens Program Donation Form

Name _____

Address _____

City _____

State _____ Zip _____

Phone _____

E-mail _____

Donation Amount: Please make check payable to "Claremont Community Gardens Program"

\$50.00

\$100.00

\$500.00

\$1,000.00

Other _____ **Thank you!**

Please use my donation towards:

Robert J. Coleman Memorial Garden

Birds & Butterflies Garden

Trial & Idea Garden Memorial Brick Program

Intergenerational Garden

Sensory Garden

General Operating Budget

Other (please indicate) _____

I would like my donation to be listed as:

In memory of _____

In honor of _____

Please make check payable to Claremont Community Gardens Program and mail along with this completed form to:

Claremont Community Gardens Program
Claremont Nursing & Rehabilitation Center
1000 Claremont Road
Carlisle, PA 17015

Thank you for your support!