



2010 South Central Buy Fresh Buy Local Members

Farm & Farmers Markets

- Amazing Heart Farm
- Bearlin Acres Farm
- Beechwood Orchards
- BIJO Boer Goats
- Chicano Sol
- Chapel-Ridge Farm
- Dickinson College Farm
- Farmers Market in Hershey
- Garden of Edenbo
- Hollabaugh Bros., Inc.
- Joshua Farm
- Lil' Ponderosa Enterprises
- Mountain Lakes Market Inc
- Mountain View Nursery
- North Square Farmers Market
- Peaceful Acres
- Sandoe's Fruit Market, Inc.
- Seven Springs Tree Farm

- Shared Earth Farm
- Sherlock's Farm
- Spiral Path Farm
- Three Springs Farm Market
- Toigo Orchards
- Yeehaw Farm
- Zeiset's Family Farm

Restaurants, Caterers & Dairies

- Chef Exclusive Catering
- Pure and Simple
- Strock's Farm Fresh
- The Green Room
- Harrisburg Dairies

Supporters

- Reggie Sheffield
- YOU! - see the BFBL display to sign up today!

BUY FRESH **SATURDAY**
BIKE **AUGUST 7, 2010**
LOCAL **8:00 AM - 2:00 PM**



SPONSORING ORGANIZATIONS



www.dickinsoncollege.edu



Cumberland Valley
Visitors Bureau

www.visitcumberlandvalley.com - (717) 240-7190



www.buylocalpa.org/southcentral



www.capitalrcd.org - (717) 241-4361

Schedule For The Day's Events

- 8:00 AM – 10:00 AM:** Pre-ride Check-in at South Middleton Park
9:00 AM – 1:00 PM: Post-ride Check-out at South Middleton Park
11:00 AM – 2:00 PM: Lunch, Vendors & Entertainment at Dickinson College Farm
11:30 AM: Welcome Event at Dickinson College Farm

Welcome Event Speakers

- Capital RC&D and South Central Buy Fresh Buy Local
- Dickinson College Farm
- Cumberland Valley Visitors Bureau
- South Mountain Partnership

The Following Is A Special Thanks & Recognition To All Who Helped Make Today's Event Possible

Partnering Organizations & Volunteer Planning Committee Members

- **Capital Resource Conservation & Development (RC&D)**
Susan Parry, Susan Richards & Cheryl Burns
www.capitalrcd.org
- **Central Pennsylvania Conservancy**
www.centralpaconservancy.org
- **Community Volunteer**
Carla Snyder
- **Cumberland County Planning Department**
Rebecca Wiser
www.ccpa.net
- **Cumberland Valley Visitors Bureau**
Dawn Rickenbach & Valerie Copenhaver
www.visitcumberlandvalley.com
- **Dickinson College Farm**
Jenn Halpin
www.dickinson.edu
- **Slow Food - Harrisburg**
Brenda Beland, Emilie Tierney, Jeff Katcher
www.slowfoodharrisburg.com
- **South Mountain Partnership**
Kim Williams
www.southmountaincli.blogspot.com

***Thank you to all of those who volunteered their time to help with the event today!**

Mini Market Vendors

- **Beechwood Orchards**
www.beechwoodorchards.com
- **Cumberland Co. Planning Dept.**
www.ccpa.net/planning
- **Dickinson College Farm**
www.dickinsoncollege.edu
- **Dynamic Bodyworks Massage**
www.dynamicbodyworksmassage.com
- **Kurt Brantner Pottery**
www.kurtbrantnerpottery.com
- **Mountain Lakes Farm Market**
www.mtnlakesmarket.com
- **Short and Sweet**
www.sites.google.com/siteshortsweetsavage
- **Slow Food - Harrisburg**
www.slowfoodharrisburg.com
- **South Mountain Partnership**
www.southmountaincli.blogspot.com

Food & Meal Providers

- **Amsterdam Produce Enterprises**
- **Beechwood Orchards**
www.beechwoodorchards.com
- **Chef Autumn Patti and the students of the Olewine Center for Culinary Arts at Harrisburg Area Community College**
www.hacc.edu/academicdepartments/hospitalityandtourism/culinary-arts.cfm
- **Chef Exclusive Catering**
www.chefexclusive.com
- **Dickinson College Farm**
www.dickinson.edu
- **Hollabaugh Bros**
www.hollabaughbros.com
- **Leo's Ice Cream**
www.leoshomemadeicecream.com
- **Paulus Farm Market**
www.paulusfarmmarket.com
- **Strock's Farm Fresh Meats**
www.stocksmeats.com
- **Spiral Path Farm**
www.spiralpathfarm.com
- **Strites' Orchard Farm Market**
www.stritesorchard.com
- **Three Sisters**
Yeohaw Farm & Cool Beans CSA:
www.yeohawfarm.webs.com
Stoney Creek Iris Farm:
www.stoneycreekiris.com